

MOMENTUM

Little Moves | Lasting Legacy



DAY 1

The Divine Partnership

DEVOTIONAL:

Growth is rarely a solo endeavor. Whether it's building a business, developing a skill, or raising a family, meaningful growth usually involves partnership. Spiritual growth is no different—it's a cooperative effort between us and God.

God initiates the work in us. He plants the seed of faith, waters it with His grace, and provides the environment for it to flourish. But unlike a gardener who can tend plants without their participation, God invites us into active partnership with Him. He doesn't force transformation upon us; He invites us into it.

This partnership begins with our first "yes" to Jesus. That initial surrender opens the door to a lifetime of cooperation with His Spirit. But it doesn't end there—it's just the beginning of a beautiful journey together.

What's remarkable about this partnership is God's commitment to it. He promises to continue the good work He began in us. When we falter, He remains faithful. When we lose sight of the goal, He gently redirects us. When we grow weary, He provides strength.

Today, take comfort in knowing that your spiritual growth isn't entirely dependent on your own efforts. God is actively working in you, transforming you from the inside out. Your part is simply to cooperate with what He's already doing.



Week 3 | Spiritual Growth

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DAY 1

The Divine Partnership

BIBLE VERSE:

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus." - Philippians 1:6

REFLECTION QUESTION:

In what area of your spiritual life do you need to trust God's ongoing work rather than relying solely on your own efforts?

QUOTE:

God has begun a good work in you. And you need to understand it's not your work, it's his work. And he makes this promise that he's going to continue that work, that it didn't end whenever you gave your life to Christ, but it's got much More to it.

PRAYER:

Father, thank You for initiating the work of transformation in my life. Help me to recognize Your presence and activity, and teach me how to cooperate with Your Spirit. I surrender my need for control and trust in Your faithful commitment to complete what You've begun in me. Amen.



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DAY 2 Growing in Knowledge

DEVOTIONAL:

Knowledge is powerful. It shapes our decisions, influences our attitudes, and determines our actions. But not all knowledge is created equal. The knowledge that transforms us most profoundly is the knowledge of God.

Paul prayed that the Philippians' love would abound more and more in knowledge and depth of insight. He understood that growing in our knowledge of God isn't just about accumulating facts—it's about developing spiritual discernment that leads to righteous living.

How do we grow in this knowledge? Through immersing ourselves in God's Word and cooperating with His Spirit. Scripture reveals God's character, His promises, and His will. As we study it, meditate on it, and apply it, we begin to see the world through His eyes. Meanwhile, the Holy Spirit illuminates these truths, making them come alive in our hearts.

This knowledge isn't meant to remain theoretical. It should overflow into practical wisdom that helps us navigate life's complexities with godly discernment. It should transform our priorities, reshape our values, and redirect our ambitions.

Today, commit to growing in your knowledge of God. Set aside time to engage with Scripture not just to check a box, but to encounter the living God. Ask the Holy Spirit to guide your understanding and apply what you learn to your daily decisions.



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DAY 2 Growing in Knowledge

BIBLE VERSE:

"And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ." - Philippians 1:9

REFLECTION QUESTION:

What specific step can you take today to deepen your knowledge of God beyond simply acquiring information?

QUOTE:

How exactly do we grow in that knowledge? In that knowledge of God and who he is. In that knowledge of his perfect will, in that knowledge of the ways that he is calling us, too. We grow in that understanding and that knowledge by knowing His Word and by cooperating with His Spirit.

PRAYER:

Lord, increase my hunger for knowing You more deeply. Help me to move beyond surface-level understanding to a knowledge that transforms my heart and mind. Guide me by Your Spirit as I study Your Word, and give me the wisdom to apply these truths to my daily life. Amen.



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DAY 3 The Inner Battle

DEVOTIONAL:

We all experience inner conflict. There are moments when we genuinely want to do what's right, yet find ourselves doing the very thing we hate. This isn't just a modern struggle—even the apostle Paul wrestled with it.

Paul candidly described the war within himself: though he delighted in God's law in his inner being, he recognized another law at work, waging war against his mind. This tension between our spirit nature and sin nature is universal. We were all born with a sin nature that rebels against God, seeking its own selfish desires. Yet when we come to Christ, we receive a new nature that desires to please Him.

The battle between these two natures can be exhausting. We might find ourselves making the same mistakes repeatedly, despite our best intentions. In these moments, it's easy to become discouraged or to believe we're failing at our faith.

But here's the truth: this struggle doesn't indicate failure—it confirms that both natures are active within us. The question isn't whether we'll experience this tension, but which nature we'll choose to cooperate with.

Today, acknowledge the reality of this inner battle without shame. Recognize that your awareness of it demonstrates spiritual sensitivity, not weakness. Then make a conscious choice to cooperate with your spirit nature, knowing that each decision strengthens its influence in your life.



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DAY 3 The Inner Battle

BIBLE VERSE:

"For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out." - Romans 7:18

REFLECTION QUESTION:

In what specific area of your life do you most clearly feel the tension between your spirit nature and sin nature?

QUOTE:

Every one of us was born with a sin nature. A nature in us that wants to rebel against God. A nature in us that does not want to obey and honor and please him, but rather wants our own selfish way.

PRAYER:

Heavenly Father, I confess the struggle within me. Thank You that You understand this battle and don't condemn me for it. Give me the strength to cooperate with my spirit nature today. Help me to recognize the moments of choice and empower me to choose what honors You. Amen.



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DAY 4 Feeding the Right Nature

DEVOTIONAL:

Imagine trying to rid your lawn of weeds by focusing solely on pulling them out, one by one. You might make progress temporarily, but without nurturing the grass, the weeds will quickly return. The most effective strategy isn't just removing weeds—it's creating conditions where grass thrives and naturally crowds out the unwanted growth.

Our spiritual lives work similarly. Many of us approach sin by focusing intensely on what we're trying to avoid. We make resolutions, set boundaries, and exert willpower to resist temptation. While these efforts aren't wrong, they're incomplete. The key to overcoming sin isn't just trying harder not to sin—it's feeding our spirit nature so it grows stronger than our sin nature.

When we feed our spirit through prayer, Scripture, worship, and obedience, we create an environment where righteousness naturally flourishes. As our spirit nature grows stronger, our sin nature gradually weakens from neglect. The momentum shifts in favor of godliness.

This approach transforms the battle. Instead of exhausting ourselves fighting against sin, we channel our energy toward pursuing Christ. The focus shifts from what we're avoiding to what we're embracing.

Today, rather than fixating on a particular sin you're struggling with, invest your energy in feeding your spirit nature. Make time for Scripture, prayer, and worship. Surround yourself with influences that strengthen your faith.



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DAY 4 Feeding the Right Nature

BIBLE VERSE:

"For in my inner being I delight in God's law." - Romans 7:22

REFLECTION QUESTION:

What specific spiritual disciplines could you prioritize this week to strengthen your spirit nature?

QUOTE:

When I focus on making the grass healthy, the weeds tend to take care of themselves.

PRAYER:

Lord, help me shift my focus from fighting against sin to feeding my spirit. Show me how to nurture my relationship with You through Your Word, prayer, and fellowship. As I feed my spirit nature, weaken the influence of sin in my life. Transform me from the inside out. Amen.



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DAY 5 The Compounding Effect

DEVOTIONAL:

We live in a world that celebrates overnight success and quick transformations. We're drawn to stories of dramatic, sudden change—the business that exploded overnight, the weight loss that happened in weeks, the talent discovered instantly. This mindset can seep into our spiritual lives, causing us to expect rapid, visible transformation.

But spiritual growth rarely works this way. It's not usually marked by dramatic leaps but by small, consistent steps that compound over time. Like a penny doubled daily for a month eventually outpacing a million dollars, spiritual disciplines practiced faithfully day after day yield extraordinary results over a lifetime.

This compounding mindset recognizes that there's no finish line to spiritual growth this side of heaven. There's no point where we can say, "I've arrived" or "I'm done growing." Instead, we embrace a journey of continuous development, celebrating progress while remaining hungry for more of God.

The beauty of this approach is that it relieves the pressure of perfection. We don't need dramatic spiritual breakthroughs every day—we simply need faithfulness in small things. Each time we choose obedience, each moment we spend in prayer, each Scripture we meditate on adds another layer to our spiritual formation.

Today, embrace the compounding nature of spiritual growth. Commit to small acts of faithfulness, knowing they're building something beautiful over time.



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DAY 5 The Compounding Effect

BIBLE VERSE:

"So I say, walk by the Spirit, and you will not gratify the desires of the flesh." - Galatians 5:16

REFLECTION QUESTION:

What small, daily spiritual practice could you commit to that might compound into significant growth over the next year?

QUOTE:

If you take a penny, a single cent, and you double it every day for a month, it equals over \$21 million. That is a compounding mindset. It keeps compounding day after day, week after week, month after month, year after year.

PRAYER:

Father, help me to value the small, consistent steps of obedience that lead to lasting transformation. Free me from the pressure of seeking dramatic spiritual experiences, and give me faithfulness in the everyday moments. Thank You that You're patient with my growth process and that You delight in each step I take toward You. Amen.



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